

OTTAWA COUNTY RESOURCE GUIDE

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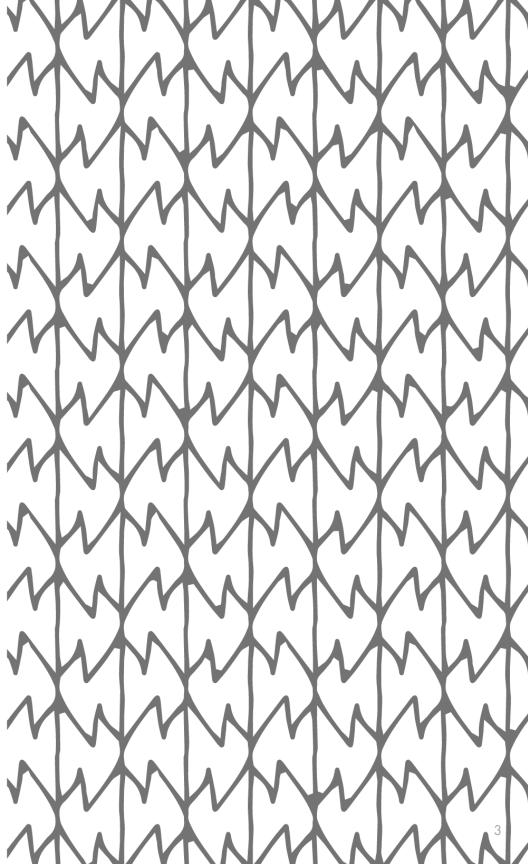
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This resource guide is printed as needed to keep the information as up-todate as possible. This guide was revised on September 30, 2024.



Behavioral Health Services

Modoc Nation Behavioral Health Services **ABC** Therapy

ABC Therapy offers multiple modalities of treatment for children 0-8 years of age with developmental delays and/or children with an IEP, 504, or behavior plan.

义 625 6th Ave SE Miami, OK 74354 | New Location Soon!

modocnationhealthservices.com/abc-therapy

(Intake | 918.387.8720)

Office | 918.800.2965

Healing House

Healing House provides outpatient behavioral health treatment to youth and adults (5 years and up).

义 21 N Eight Tribes Trail Suite B Miami, OK 74354

(()) <u>modocnationhealthservices.com/healing-house</u>

(2) Intake | 918.387.8720

Office | 918.800.2965

Hope Ranch

Hope Ranch offers animal-assisted and nature-based interventions to youth and adults (5 years and up).



义 14901 S Hwy 125 Rd Miami, OK 74354



(H) modocnationhealthservices.com/hope-ranch

(Intake | 918.387.8720)

Office | 918.876.0437

Lost River Treatment Center

Lost River Treatment Center is an outpatient rural-based program that provides intervention to adults (18 years and up). Our program provides treatment for issues related to behavioral health challenges, life stressors, substance misuse, and addiction.

义 10025 S 705 Rd Wyandotte, OK 74370 | New Location Soon!

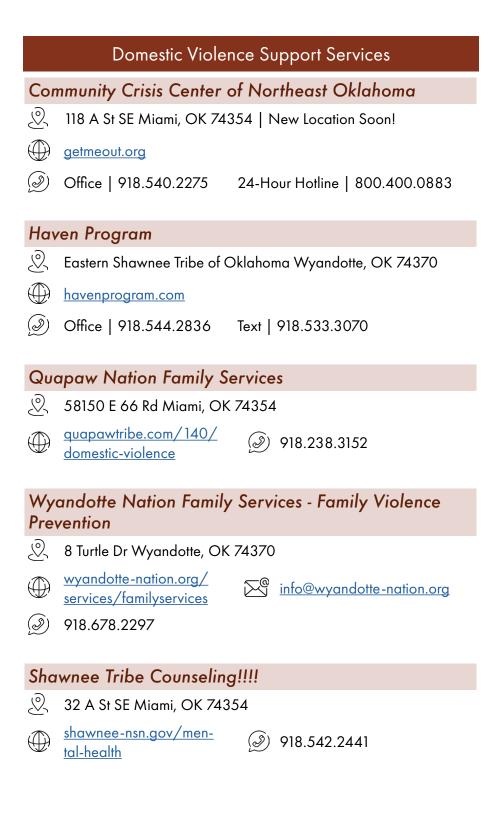
modocnationhealthservices.com/lost-river-treatment-center



(S)

918.303.5433

Alliance Mental Health		
🖉 630 E Steve Owens Blvd Mic	ami, OK 74354	
alliancementalhealth.us	الا الحالي (الح) والمحالي (الح) والح	
Creoks Behavioral Health Counseling Services		
🖉 203 2nd Ave SW Miami, OK	74354	
creoks.org	∑ <u>info@creoks.org</u>	
Service Intake 24-Hour C	risis Line 877.327.3657	
GRAND Mental Health		
🖄 111 S Treaty Rd Miami, OK 74	1354	
grandmh.com	الا الحالي المحالي المحالي (الح) المحالي المحالي (الح) الحالي المحالي محالي محا	
Northeastern Tribal Health	System (NTHS)	
🖉 7600 S Hwy 69A Miami, Ok	374354	
<u>nthsclinic.com</u>	918.542.1655	
Must be a member of a federally r	ecognized Tribe to receive services.	
POCAMID Vault Comisso	I	
ROCMND Youth Services,	INC.	
② 30 C NE Miami, OK 74354		
⊕ rocmnd.org	(گ) 918.540.1563	
Thrive Counseling Services		
2 132 N Main St Miami, OK 74	1354	
thrivecounselingok.com	(2) 918.576.3050	

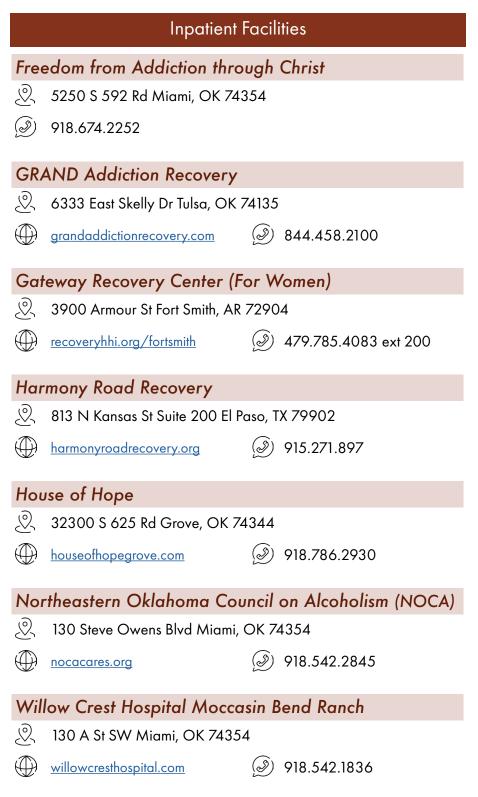


Substance Misuse Support Services Lost River Treatment Center R 10025 S 705 Rd Wyandotte, OK 74370 | New Location Soon! ()modocnationhealthservices.com/lost-river-treatment-center $(\widehat{\mathcal{S}})$ 918.303.5433 Northeastern Oklahoma Council on Alcoholism (NOCA) R 130 Steve Owens Blvd Miami, OK 74354 (∰) 918.542.2845 nocacares.org **Peoria Recovery Services** X 319 A St SW Miami, OK 74354 (\square) wchavez@peoriatribe.com peoriatribe.com/prss (S) 918.542.1873 **Quapaw Counseling Services** R 58150 E 66th Rd Miami, OK 74354 ()guapawtribe.com/157/Quapaw-Counseling-Services-QCS

918.542.1786

NARCAN Vending Machine

- 🖄 Stables Casino Miami, OK
- To stay updated on location of vending machine: facebook.com/ModocNationBehavioralHealth



LGBTQ+ Community Resources Dennis R Neill Equality Center Image: Im

stardustandnuclei.wixsite.com/ joplinlgbtresource

facebook.com/mssugsa/

Gender-Affirming Care

Joplin Health Center

2 710 Illinois Ave Joplin, MO 64801

plannedparenthood.org/get-care/our-services/gender-affirming-care

(ک) 417.781.6500

Peoria Health Center

- 义 1007 S Peoria Ave Tulsa, OK 74120
- plannedparenthood.org/get-care/our-services/gender-affirming-care
- 918.858.4661

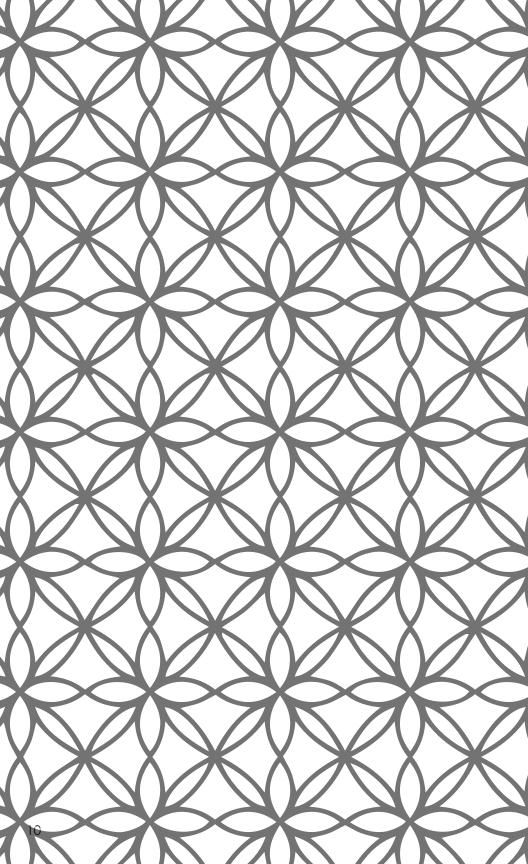
Aids Project of the Ozarks (APO)

义 1636 S Glenstone Suite 100 Springfield, MO 65804

<u>apo.ozarks.org/healthcare-services</u>

(2) 417.881.1900

800.743.5767



Alcohol & Drug Substance Abuse Courses (ADSAC)

ADSAC courses help people with driver's licenses that have been suspended or revoked due to alcohol or drug-related offenses by identifying substance abuse issues and reduce repeat offenses through assessments, classes, and treatment programs.



modocnationhealthservices. com/lost-river-treatment-center

918.303.5433

Mental Health First Aid

Mental Health First Aid for Adults teaches people how to recognize signs of mental health or substance use challenges, how to offer & provide initial help, and how to guide a person toward appropriate care.



modocnationhealthservices. com/lost-river-treatment-center

918.303.5433

Narcan Training & Education

Narcan training designed to empower community members with the knowledge and skill to respond effectively to opioid overdoses. This initiative also aims to combat the stigma surrounding substance misuse.



modocnationhealthservices. com/lost-river-treatment-center

918.303.5433

Livingworks ASIST

LivingWorks ASIST is a two-day in-person workshop where you'll learn how to recognize when someone may be thinking about suicide, and how to provide a skilled intervention and develop a safety plan with the person to connect them to further support.



modocnationhealthservices. com/healing-house

918.876.0437 🤄

Livingworks SafeTALK

LivingWorks safeTALK is a four-hour training that equips people to be more alert to someone thinking of suicide and better able to connect them with further help.



modocnationhealthservices. com/healing-house

(2) 918.876.0437

Positive Indian Parenting

Positive Indian Parenting is an eight-week course on traditional and cultural-specific parenting practices and values, exploring attitudes of traditional ways and and applying them to values and challenges of modern parenting skills.



modocnationhealthservices. com/healing-house

918.876.0437

Question, Persuade & Refer - QPR

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. People trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. QPR can be learned in our Gatekeeper course in as little as one hour.



modocnationhealthservices. com/healing-house

(چ) 918.876.0437

Youth Mental Health First Aid

Identify. Understand. Respond. Mental Health First Aid is an evidence-based, early-intervention course that teaches participants about how to recognize mental health and substance use challenges.



modocnationhealthservices. com/healing-house

(چ) 918.876.0437

De-escalation Strategies

Our Board Certified Behavior Analyst provides training to providers, teachers, early childhood educators, etc. on managing a crisis situation. Participants will be taught how to identify an escalating crisis, what strategies can be used to prevent a crisis from escalating, how to manage their own behavior while assisting someone in a crisis, and how to resolve a crisis.



modocnationhealthservices. com/abc-therapy



918.800.2965

Incredible Years - Beginnings Parent Program

The Incredible Years® evidence-based early intervention parenting programs focus on strengthening parenting competencies and fostering parent involvement in children's school experiences, to promote children's academic, social, and emotional skills and reduce conduct problems. This training is possible in groups of parents/caregivers based on the following age groups: toddlers (1-3 years), preschoolers (3-6 years), and school age (6-12 years).



modocnationhealthservices. com/abc-therapy

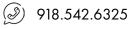
(گ) 918.800.2965

Youth Programs and Groups

Boys and Girls Club of Ottawa County

2 Locations in Miami, Commerce, and Fairland, Oklahoma!

bgottawacounty.org



Boys and Girls Club of Ottawa County has more than one facility. The address listed here is the primary contact for questions and enrollment.

Miami Public Library

 \mathcal{Y} 200 N Main St Miami, OK 74354

((1))

<u>miamipl.okpls.org</u>

(2) 918.541.2292

4 States 4 Equality - First Presbyterian Church

R 1410 NE Veterans Miami, OK 74354

fpcmiami.com/community Secretary@fpcmiami.com

(S) 918.542.3388

Summer youth-specific day camps, events, and opportunities for school supplies vary, but anouncemets are made by coordinating organizations closer to scheduled dates with event details ad registration.

Alcohol, Narcotics, and Gambling Anonymous Meetings and Resources

AA/NA/GA Meeting Locators

() aa.org

aaoklahoma.org/meetings

🕀 gamblersanonymous.org/ga 🕀 na.org/meetingsearch

Bethany Christian Church

火 2127 N Main St Miami OK 74354

(ک) 918.542.5549

Narcotics Anonymous Fridays 6pm

First Presbyterian Church

义 1410 Northeast Veterans Miami, OK 74354

📰 Gamblers Anonymous - Thursdays 7pm

First Christian Church

🞗 2424 N Main Street Miami OK 74354

() fccmiamiok.com

(ک) 918.542.9816

<u>Fccmiami@sbcglobal.net</u>



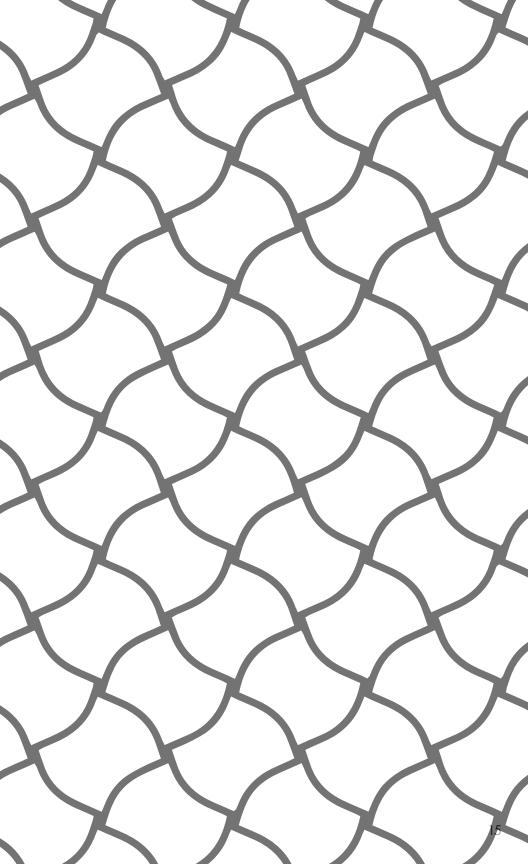
Alcoholics Anonymous Thursdays 6pm

Veterans

arrowpassage.com/veteran-substance-abuse

Virtual Meetings

🕀 <u>al-anon.org</u>



CHILDREN, YOUTH, AND TEENS

Childhelp National Child Abuse Hotline

The Childhelp National Child Abuse Hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources by professional counselors in over 170 languages. All calls are confidential.

childhelp.org

1.800.422.4453

24 Hour 7 Days a week via phone & text

National Center for Missing & Exploited Children (NC-MEC)

NCMEC serves as a clearinghouse and comprehensive reporting center for all issues related to the prevention and recovery from child victimization.

 (\square)

missingkids.org/gethelpnow/



National Runaway Safeline

The National Runaway Safeline provides crisis and support services for homeless and runaway youth in the United States.

1800runaway.org

🖂 info@1800runaway.org



1.800.786.2929

VULNERABLE ADULTS

OK Abuse and Neglect

The OK Abuse and Neglect Hotline provides support and reporting for vulnerable adults that are victim of abuse, neglect, or exploitation.



(()) okhotline.org

(D) 1.800.522.3511



DOMESTIC VIOLENCE AND INTIMATE PARTNER VIOLENCE

Love is Respect - National Teen Dating Abuse Hotline

Love is Respect offers information, support, and advocacy to young people who have questions or concerns about their dating relationships.



loveisrespect.org

(2) Call | 1.866.331.9474 Text | 22522

24 Hour 7 Days a week via phone, text, and online chat.

National Domestic Violence Hotline

The Hotline is available for anyone experience domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

thehotline.org

Call 1.800.799.7233 or Text LOVE IS to 22522

24 Hour 7 Days a week via phone, text, and online chat.

Pathways to Safety International

Pathways to Safety International assists Americans experiencing interpersonal and gender-based violence abroad.



pathwaytosafety.org

<u>crisis@pathwaystosafety.org</u>

Ð

1.833.723.3833

24 Hour 7 Days a week via phone, text, and online chat.

Stronghearts Native Helpline

Stronghearts Native Helpline is a safe, anonymous, and confidential service for Native Americans experiencing domestic or dating violence.



strongheartshelpline.org





Open Monday through Friday | 9am to 5:30pm CST via phone

HUMAN TRAFFICKING

National Human Trafficking Hotline

The National Human Trafficking Hotline serves victims and survivors of human trafficking and the anti-trafficking community in the US.

((1))humantraffickinghotline.org



Call 1.888.373.7888 Text 233733

24 Hours in more than 200 languages by phone or text

LGBTQ+

The LGBT National Help Center

The LGBT National Help Center serves LGBTQ+ people by providing free and confidential peer support and local resources.



glbtnationalhelpcenter.org



Hotline 1.888.843.4564 Senior 1.888.234.7243 Youth 1.800.246.7743



Hours vary, available via phone and online chat.

📈 help@LGBThotline.org

MENTAL HEALTH AND SUBSTANCE ABUSE

National Alliance on Mental Illness (NAMI) Helpline

The NAMI Helpline assists individuals and families who have questions about mental health disorders, treatment, and support services.

((1))

nami.org/help



(Ś)

1.800.950.6264



📰 M-F | 9am - 5pm CST

National Suicide Prevention Lifeline

Provides free & confidential support for people in distress, prevention & crisis resources for you or loved ones, & best practices for professionals.



suicidepreventionlifeline.org

() Call or Text 988

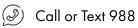
24 Hour 7 Days a week via phone, text, and online chat.

OK Department of Mental Health and Substance Abuse

Staffed by mental health professionals for those experiencing a mental health crisis, in need of care coordination, housing, substance use disorder treatment, and more.



9880klahoma.com





24 Hour 7 Days a week via phone, text, and online chat.

Substance Abuse and Mental Health Services Administration (SAMHSA)

Provides free and confidential treatment & referral services for individuals and families facing mental and/or substance abuse disorders.



samhsa.gov

(S)

1.800.662.4357 1.855.4.VICTIM

24/7 Phone or Chat English & Spanish

PARENTING AND FAMILY SUPPORT

National Parent Helpline

This toll-free service and website is designed to build on the strengths of families in order to ensure all five protective factors.



nationalparenthelpline.org

info@nationalparenthelpline.org

(Š)

855.427.2736

M-F | 12pm - 9pm CST in English and Spanish

SEXUAL ASSAULT

Department of Defense Safe Helpline for Sexual Assault

This is a crisis support service designed to provide sexual assault services for survivors, their loved ones, and other members of DOD community.

safehelpline.org

1.877.995.5247

24 Hour 7 Days a week via phone and online chat.

National Sexual Assault Hotline (RAINN)

RAINN created and operates the National Sexual Assault Hotline and carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.



rainn.org

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1.800.656.4673
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24 Hour 7 Days a week via phone and online chat.

WOMENS LAW

The Womens Law Online Helpline

The Womens Law online helpline provides basic legal information, refer-rals, and emotion support for victims of abuse.



LGBTQ+ Onl	line Resources
Healthy Native Youth	healthynativeyouth.org/resources
The Trevor Project	thetrevorproject.org/trevorspace
STOMP Out Bullying	tion stompoutbullying.org/lgbtq-bul- lying
Human Rights Campaign	hrc.org/resources
GLSEN	glsen.org
Advocates for Youth	advocatesforyouth.org/issue/ lgbtq-health-and-rights
US Department of Health & Human Services	stopbullying.gov/bullying/lgbtq
Equality Federation	equalityfederation.org
Indian Health Service	ihs.gov/lgbt/health/twospirit
Outcare Community Health Resources	Outcarehealth.org/resources

LGBTQ+ Book Resources

Parenting Your LGBTQ+ Teen: A Guide to Supporting, Empowering, and Connecting with Your Child (2021)

Author: Allan Sadac, MBA, LMFT

Publisher: Rockridge Press

Queer: The Ultimate LGBT Guide for Teens (2011)

20^{Author:} Marke Bieschke & Kathy Belge Publisher: Zest Books

The Every Body Book: The LGBTQ+ Inclusive Guide for Kids About Sex, Gender, Bodies, and Families (2020)

Author: Rachel E Simon, LCSW Illustrator: Noah Grigni

Publisher: Jessica Kingsley Publishers

How We Sleep at Night: A Mother's Memoir (2014)

Author: Sara Cunningham

Publisher: CreateSpace Independent Publishing Platform

The Little Book of LGBTQ+: An A-Z of Gender and Sexual Identities (2022)

Author: Harriet Dyer

Publisher: TanterAudio

Unashamed: A Coming Out Guide for LGBTQ Christians (2019)

Author: Linda Kay Klein

Publisher: Westminister John Knox Press

Queer Indigenous Studies: Critical Interventions in Theory, Politics, and Literature (2011)

Author: Qwo-LI Driskill Publ

Publisher: University of Arizona Press

Two Spirit People: American Indian Lesbian Women and Gay Men (1997)

Author: Lester B Brown

Publisher: Taylor & Francis Group

LGBTQ+ Rights (2021)

Author: Virginia Loh-Hagan Publisher: Cherry Lake Publishing

Be an Inclusion Ally: ABCs of LGBTQ+ (2021)

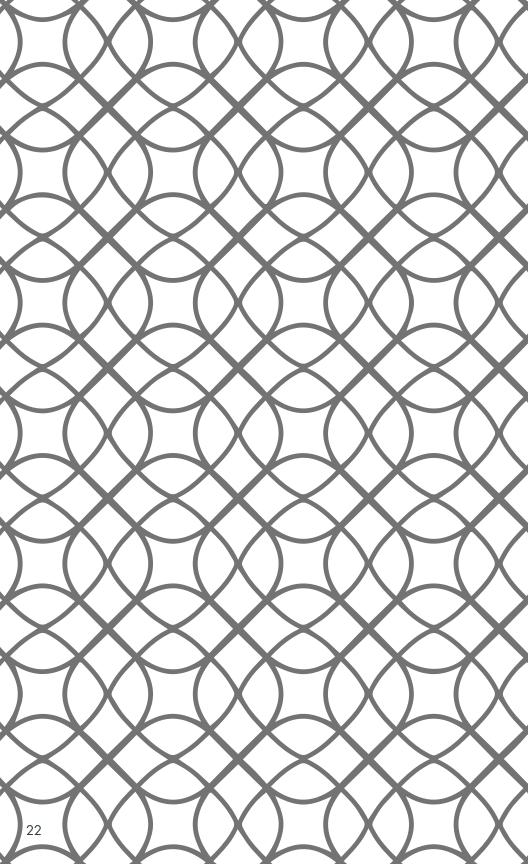
Author: Lisa Koenecke, MS

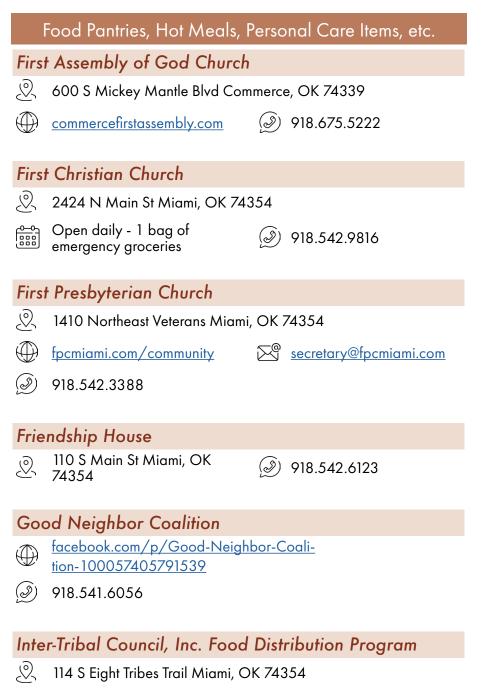
Publisher: Lisa Koenecke, LLC

In Safe Hands: Bullying Prevention with Compassion for All (2012)

Author: Sheri Werner

Publisher: R&L Education





<u>itcfdp.org</u>

Mart@intertribalcouncil.org

🕖 WIC | 918.919.4050

Food Distribution | 918.542.3443

Household must contain at least one person who is a member of a federally recognized Tribe.



Salvation Army

- \emptyset 1915 N Main St Miami, OK 74354
- facebook.com/profile. (\square) php?id=100095049147377



<u>miamisalvationarmy217@</u> yahoo.com

(S) 918.542.3467

Substance - A Ministry of New Life Nazarene Church

- X 2025 E Central Ave Miami, OK 74354
- (\square) facebook.com/SubstanceMinistry
- (ک) 918.542.3547
- Open Wednesdays | 3-6pm
 - (meal, shower, laundry, bag of groceries)

Hospital, Urgent Care, and Clinical Health Services

Commerce Community Health Center

X 200 S Mickey Mantle Blvd Miami, OK 74354

(4)) chcneo.com 918.675.0017

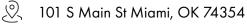
Community Health Center of OK (CHC/OK)

X

106 W Veterans Rd Miami, OK 74354

(4)) chcsek.org 918.238.3074

Encompass Health - Home Health



()ehab.com 918.540.2333

INTEGRIS Miami Express Care



21 W Central Ave Miami, OK 74354

(D) 918.542.3900

INTEGRIS Miami Home Care 119 S Main St R (2) 918.540.2577 Miami, OK 74354 **INTEGRIS** Miami Hospital \mathcal{X} 200 Second Ave SW Miami, OK 74354 ((1))integrishealth.org (2) 918.542.6611 Northeastern Tribal Health Center (NTHS) \mathcal{X} 7600 S Hwy 69A Miami, OK 74354 (4)) nthsclinic.com (2) 918.542.1655 Must be a member of a federally recognized Tribe to receive services from NTHS. **Xpress Wellness Urgent Care** \mathcal{X} 2518 N Main St Miami, OK 74354 xpresswellnessurgentcare.com (2) 918.540.9077 ((1))Wyandotte Bearskin Health Clinic \mathcal{Q} 1 Turtle Drive Wyandotte, OK 74370 ((1))wyandotte-nation.org/services/healthcare (D) Toll Free | 1.888.864.0725 918.678.2070 Housing, Emergency Rental, and Utility Assistance

OK027@miami@mhadocs.org OK027miami@mhadocs.org

Miami Housing Authority*



205 B St NE Miami, OK 74354



918.542.6691

Mig	ımi Nation - Adult Service	s*	
R	2		
	miamination.com/adult-services	∑®	info@miamination.com
(کی)	918.541.1389		
Mo	doc Nation Housing Auth	ority	*
R	22 N Eight Tribes Trail Miami, OK 74354	Ð	918.542.8175
Nor	theast Oklahoma Comm	unity	Action Agency
\otimes	Ottawa County DHS 2110 De	enver	Harnar Dr Miami, OK 74354
\bigoplus	neocaa.org	Ð	918.253.4683 ext. 110
Peo	ria Housing Authority*		
\otimes	3606 Sencay Ave Miami, OK	74354	4
\bigoplus	peoriatribe.com/housing	Ð	918.542.1873
Salv	vation Army		
\otimes	1915 N Main St Miami, OK 74	354	
\bigoplus	<u>facebook.com/profile.</u> php?id=100095049147377	×	<u>miamisalvationarmy217@</u> <u>yahoo.com</u>
Ð	918.542.3467		
Sha	wnee Tribe*		
\aleph	29 S Hwy 69A Miami, OK 743	354	
\bigoplus	<u>shawnee-nsn.gov/housing</u>	×	housing@shawnee-tribe.com
I all a construction of the construction of th	918.542.2441 ext. 143		
*Some programs may be Tribal specific, and require enrollment as a citizen with a federally recognized Tribe.			

Charities & Foundations United Way Image: Second Stress Str

Transportation Services

Pelivan Transit

2 125 N Main St Miami, OK 74354

pelivantransit.org

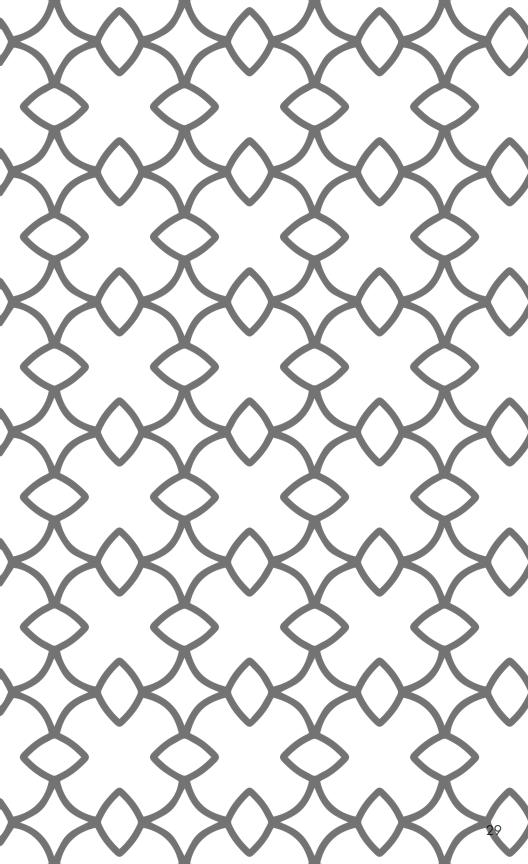
SoonerRide

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oklahoma.gov/ohca/individuals/soonerride.html

(ک) 1.877.404.4500

To utilize SoonerRide, one must be actively enrolled with SoonerCare (Oklahoma Medicaid)



CONTACTS & INFORMATION

YOUTH SERVICE CONTACTS Name Agency Phone Note _____ Name Phone_____ Agency_____ Note_____ Name Agency Phone Note_____ **ADULT SERVICE CONTACTS** Name_____ Phone_____ Agency_____

Name		
Agency	Phone	
Agency Note		
Name		
	Phone	
Agency Note		

Note

REMEMBER YOU ALWAYS HAVE 988 CALL OR TEXT 24/7 - NATIONAL SUICIDE HOTLINE

ADDITIONAL CONTA	<u>CTS</u>
Name	
Agency	Phone
Note	
Name	
Agency	
Note	
Name	
Agency	Phone
Note	
	NOTES

Updated on September 30, 2024

This messaging made possible through Tribal Opioid Response funding provided by the Substance Abuse and Mental Health Services Administration. Award Number: 1H79TI085683